

Elmhaven Manor

RETIREMENT COMMUNITY

600 W Walton Boulevard • Pontiac, MI 48340 • (248) 451-1370 • www.elmhavenmanor.com

Your Elmhaven Manor Staff

Rae Gomez	Community Manager
Emily Baran	Administrative Assistant
LaTanya Hart	Leasing Sales Specialist
Pam Innis	Activity Coordinator
Juan Salazar Jr.	Maintenance/Grounds
Juan Salazar	Maintenance
Jerome Taylor	Custodian
Teresa - Salon	(248) 600-9233

After-Hours Maintenance Emergency
1 (800) 809-7609



- 12/02..... Muriel Mader
- 12/02..... Judi Masterson
- 12/10..... Dorothy Batchelor
- 12/11..... Betsy Moore
- 12/18..... Hope Krakowski
- 12/23..... Christopher Raczka
- 12/23..... Wanda Chapman
- 12/29..... William McCarthy

December 2024



Handcrafted Happiness

Knitting, drawing and woodworking are just some of the handicrafts that can amp up your happiness. Experts studying the benefits of these pursuits say making something with your hands fosters creative thought, which can produce moments of joy. Crafters also report feeling more energetic and enthusiastic not only while working on a project, but also after completing it.

Hazelnuts for Health

Whether you know them as hazelnuts, filberts or cobnuts, these sweet-tasting little nuts are packed with fiber, antioxidants and healthy fats. Like other tree nuts, raw or roasted hazelnuts can be a heart-healthy snack option.

Frosty and Festive

“Winter is not a season, it’s a celebration.”
—Anamika Mishra



December 2024

- CG Cards and Games Gallery
- MT Movie Theatre
- DR Dining Room
- AC Arts and Crafts Studio
- FS Fitness Studio
- ML Main Lobby
- LB Library & Billiards Parlor
- P Patio
- CS Convenience Store
- Bus Trip
- ☕ Coffee & Donuts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>1:30 ■ DR Catholic Communion Service with Carol Scola</p>	<p>2</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>11:00 ■ DR BINGO!</p> <p>1:30 ■ MT Movie Series: Transatlantic</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>3</p> <p>9:00 ■ DR Christmas Eve: Ruby Wenn's Breakfast</p> <p>10:00 ■ ML Meijer/Target</p> <p>1:30 ■ MT Wii Bowling</p> <p>2:00 ■ AC Ambassador Club Meeting</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>4</p> <p>9:30 ■ DR Coffee & Donuts ☕</p> <p>11:00 ■ ML Lake Orion Library</p> <p>1:30 ■ MT Movie: The Miracle Club</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>5</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>11:00 ■ DR Holiday Bazaar 11:00-3:00</p> <p>1:00 ■ CG Board Games</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ MT Brother Tom (Bible Study)</p>	<p>6</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ P Walking Club</p> <p>12:00 ■ FS Yoga</p> <p>1:30 ■ DR Birthday Party</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ CG Mexican Train</p>	<p>7</p> <p>8:00 Salon Open (by Appointment Only)</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>6:00 ■ CG Euchre</p>
<p>8</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>1:30 ■ DR Catholic Communion Service with Carol Scola</p> <p>2:00 ■ MT Brother Tom</p>	<p>9</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ ML Blood Pressure by HomeMD</p> <p>11:00 ■ DR BINGO!</p> <p>1:30 ■ MT Movie Series: Transatlantic</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>10</p> <p>9:00 ■ DR Christmas Eve: Ruby Wenn's Breakfast</p> <p>10:00 ■ ML Tenuta's/Family Dollar</p> <p>11:00 ■ DR Pontiac Library Book Delivery & New Library Card</p> <p>1:30 ■ MT Wii Bowling</p> <p>2:00 ■ DR Book Club Review</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>11</p> <p>9:30 ■ DR Coffee & Donuts ☕</p> <p>11:00 ■ ML Meadow Brook Holiday Walk (prepay \$16)</p> <p>1:30 ■ MT Movie: A Boy Called Christmas</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>12</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>1:00 ■ DR \$10 White Elephant Gift Exchange</p> <p>3:00 ■ FS Chair Exercise</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ MT Brother Tom (Bible Study)</p>	<p>13</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ P Walking Club</p> <p>12:00 ■ FS Yoga</p> <p>1:00 ■ LB Beltone Hearing Clinic 1:00-2:00</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>5:00 ■ ML Magic of Lights Pine Knob (prepay\$5)</p> <p>6:00 ■ CG Mexican Train</p>	<p>14</p> <p>8:00 Salon Open (by Appointment Only)</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>6:00 ■ CG Euchre</p>
<p>15</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>1:30 ■ DR Catholic Communion Service with Carol Scola</p> <p>2:30 ■ MT Red Cloak Ministry Service with Mike Pavlick</p>	<p>16</p> <p>Christmas Spirit Week: Wear Holiday PJs</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>11:00 ■ DR BINGO!</p> <p>1:30 ■ MT Movie Series: Transatlantic</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>17</p> <p>Christmas Spirit Week: Wear Festive Socks</p> <p>9:00 ■ DR Christmas Eve: Ruby Wenn's Breakfast</p> <p>11:30 ■ ML Lunch Out at Hamlin Pub + St. Trinity Craft Show</p> <p>1:30 ■ MT Wii Bowling</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>18</p> <p>Christmas Spirit Week: Wear a Santa Hat</p> <p>9:30 ■ DR Coffee & Donuts ☕</p> <p>11:30 ■ DR Grayson Elementary Christmas Concert</p> <p>1:30 ■ MT Movie: I Believe in Santa</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>7:00 ■ DR Oakland Woods Baptist Church Carolers</p>	<p>19</p> <p>Christmas Spirit Week: Dress Like a Holiday Decoration</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ ML Kroger</p> <p>1:00 ■ CG Board Games</p> <p>3:00 ■ FS Chair Exercise</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ MT Brother Tom (Bible Study)</p>	<p>20</p> <p>Christmas Spirit Week: Wear Ugly Christmas Sweater</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ P Walking Club</p> <p>12:00 ■ FS Yoga</p> <p>1:00 ■ DR Christmas Potluck with The Grinch</p> <p>2:30 ■ CS Convenience Store 2:30-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ CG Mexican Train</p>	<p>21</p> <p>8:00 Salon Open (by Appointment Only)</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>6:00 ■ CG Euchre</p>
<p>22</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>1:30 ■ DR Catholic Communion Service with Carol Scola</p> <p>2:00 ■ MT Brother Tom</p>	<p>23</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>9:30 ■ ML Breakfast Out at The Royal Diner</p> <p>1:30 ■ MT Movie Series: Transatlantic</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>24</p> <p>Office Closed</p> <p>9:00 ■ DR Christmas Eve: Ruby Wenn's Breakfast</p> <p>4:00 ■ DR Christmas Day: Ruby Wenn's Dinner</p>	<p>25</p> <p>Christmas -Office Closed</p>	<p>26</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>1:00 ■ CG Board Games</p> <p>3:00 ■ FS Chair Exercise</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ MT Brother Tom (Bible Study)</p>	<p>27</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>10:00 ■ P Walking Club</p> <p>12:00 ■ FS Yoga</p> <p>1:00 ■ ML Sing-a-Long with Carol</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p> <p>6:00 ■ CG Mexican Train</p>	<p>28</p> <p>8:00 Salon Open (by Appointment Only)</p> <p>1:00 ■ DR New Year's Party with Teresa (prepay \$15)</p> <p>6:00 ■ CG Euchre</p>
<p>29</p> <p>10:30 ■ DR Ruby Wenn's Kitchen: Brunch</p> <p>1:30 ■ DR Catholic Communion Service with Carol Scola</p>	<p>30</p> <p>9:00 ■ DR Ruby Wenn's Breakfast</p> <p>11:00 ■ DR BINGO!</p> <p>1:30 ■ MT Movie Series: Transatlantic</p> <p>2:00 ■ CS Convenience Store 2:00-3:00</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>	<p>31</p> <p>9:00 ■ DR Christmas Eve: Ruby Wenn's Breakfast</p> <p>12:30 ■ DR Pizza Lunch (\$6 prepay)</p> <p>1:30 ■ MT Wii Bowling</p> <p>4:00 ■ DR Ruby Wenn's Kitchen</p>				<p>All Events Are Subject to Change</p>

Change of Seasons



Was going for my usual walk outside and realized when I looked out, could have cried. When I looked to see most of the trees around had lost their leaves, which now lay upon the ground. In just a few days, with the rain and the cold, took away those beautiful colors of red, brown and gold. We knew the change would eventually be here, because it's close to the end of another year. The clocks get turned back another hour we know, getting to stay in bed a little later if we wish to do so. As the temperature starts to drop each day, the thermostat gets turned on to stay. Next will come those tiny white flakes falling down and covering most of the awaiting ground. Hopefully, we will watch with a cup of hot cider or cocoa in hand, just as if it all had been planned! Keep warm!

Love, Madeline

"This Month In History"

DECEMBER

1901: With a goal of setting rules and safety standards, representatives from over 60 universities meet to form the Intercollegiate Athletic Association of the United States. In 1910, the organization was renamed the NCAA.

1924: At age 2, Judy Garland makes her stage debut at her father's movie theater in Grand Rapids, Minn.

1948: The United Nations General Assembly adopts the Universal Declaration of Human Rights. Defining

fundamental freedoms of all human beings, the document has been translated into more than 500 languages.

1973: Astronauts on NASA's Skylab 4 mission take a 7-hour spacewalk, the longest at the time.

1987: Ron Hextall of the Philadelphia Flyers becomes the first NHL goalie to score a goal by intentionally firing the puck into the other team's net.

2001: "The Lord of the Rings: The Fellowship of the Ring" premieres. It was the first film in the trilogy based on author J.R.R. Tolkien's fantasy series.

2007: At 81, Queen Elizabeth II becomes the oldest ever monarch of the U.K., surpassing her great-great-grandmother, Queen Victoria.

2016: Global retailer Amazon makes its first delivery by drone. The package arrived at its destination 13 minutes after it was ordered.